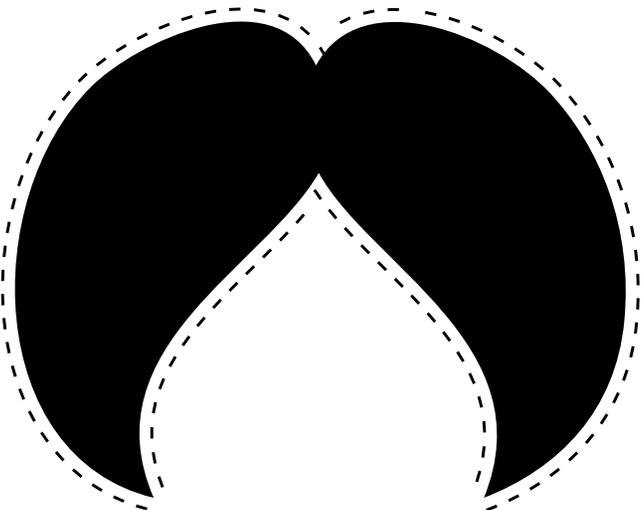
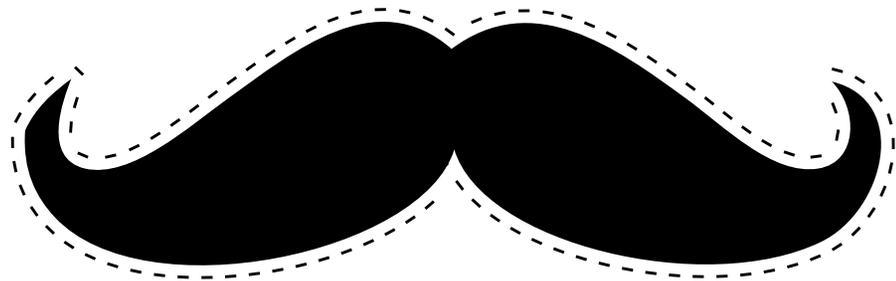
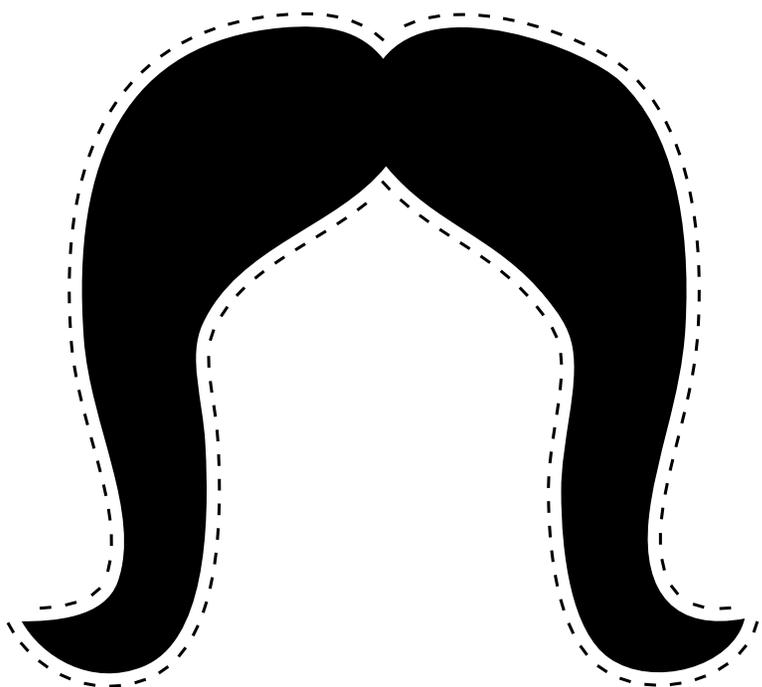
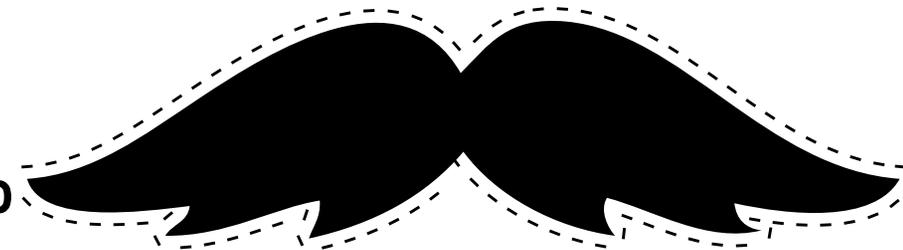


STEP 1.
CUT OUT A
MUSTACHE.



STEP 2.
WEAR THE
MUSTACHE AND
TAKE A PHOTO.



STEP 3.
SHARE THE
PHOTO WITH
THE HASHTAG
#SIMOVEMBER
TO GET THE
WORD OUT
ABOUT MEN'S
HEALTH
MONTH!

