

BREAST CANCER

THE UNDISPUTED FACTS

Screening mammography is the only test that has proven to decrease deaths from breast cancer

Mammograms have helped reduce breast cancer mortality in the U.S. by nearly one-third

Death rates from breast cancer have been declining since 1990 in part due to better screening and early detection, increased awareness and better treatment options

Yearly mammograms, beginning at age 40, save the most people from dying of breast cancer. Any other strategy will result in more people dying from breast cancer

Women at high risk may benefit from having yearly breast MRIs in addition to yearly mammograms

Women with dense breasts may benefit from having yearly breast sonograms in addition to yearly mammograms

Breast sonograms and breast MRIs ARE NOT a substitute for mammography

All women are at risk for breast cancer, but men can get breast cancer too

Most insurance companies cover the cost of mammograms. For those without insurance there are programs that provide mammograms for free

There are over 2.9 million breast cancer survivors in the U.S. today

Of women who get breast cancer, 75-80% DO NOT have any family history of the disease. Less than 10% of breast cancers are related to a known genetic factor, such as the BRCA gene

All men and women should report to their doctor any changes in their breast, such as a lump or changes to the skin and/or nipple